



Bill Wilson Center

Counseling

Housing

Education

Advocacy

During the COVID-19 pandemic, sessions may be conducted online using ZOOM.

Complex Grief Group

Mondays
7 - 8:30 p.m.

Intended for adults (age 18+)
This is an eight-week program.

For more information
please call
(408) 278-2413.

To enroll in a grief group,
call (408) 243-0222
for an intake counselor.

Centre for Living with Dying

COMPLEX GRIEF GROUP



Are you experiencing complex grief due to the loss of a loved one(s)?

If so, we invite you to join BWC's Centre for Living with Dying's new Complex Grief Group.

When death happens under tragic circumstances our feelings can be more complex and difficult to resolve. The Complex Grief Group provides a safe and confidential place to grieve and to receive support from others who are going through a difficult passage of bereavement. We provide tools for coping, and for working through complex feelings that come with sudden and tragic loss.



This group will meet on Mondays from 7-8:30 p.m. for an eight-week series. Afterwards, group members may choose to register for additional series along with new members who have joined.

If you have questions about whether the group is the right fit for you or someone you know please call the Centre for Living with Dying Program Supervisor, Brianna Ferreira, at (408) 278-2513.



To enroll in the group, call Bill Wilson Center at (408) 243-0222 and ask to speak with an intake counselor.

We are here for you!

Presented by The Centre for Living with Dying - a Bill Wilson Center Program

BWC provides services that meet the cultural and linguistic needs of our whole community. We value our unique ethnic diversity as well as the LGBTQ community and non-able body community. Our clients, staff, and volunteers reflect our community.

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